



SleepOut Den Building Competition



Thank you for taking part in SleepOut at Home! This evening we will be running a den building competition for all the families sleeping out at home, just send us a picture of your den to be in for a chance to win.

How to build a den: The Den Commandments

- 1. Opt for different sized chairs** - Use several chairs with different heights at an optimum distance apart. This will help stop the roof from collapsing and keep it standing tall.
- 2. Turn seats into walls** - If you have a few dining chairs or two sofas, position them back to back (with space in the middle for the den). Use blankets or sheets to make the roof.
- 3. Pegs** - Use pegs to secure the sheet or blanket roof.
- 4. Den toys** - No indoor den is complete without toys!
- 5. Extra broom** - To expand your dream den, use a few brooms or mops to create extra roof supports. It will help stop the roof from drooping in the middle, too.
- 6. Light it up** - Use torches to host a shadow puppet show, and add fairy lights for a sparkly touch to make your secret den that much more appealing.
- 7. Comfort** - A den isn't a den unless it's cosy and comfortable. Fill it with loads of pillows, duvets, blankets and pillows so little ones can snuggle up with their favourite toys (and people, of course).
- 8. Secret Cinema** - Dens are the ideal place to snuggle down, watch a movie and enjoy a tub of popcorn with lots of yummy snacks.
- 9. Hidden Library** - Children's dens are a great nook to sit down and enjoy a good book. In our 'how to talk to children about homelessness' we've included a list of children's books that can help your children learn more about why they are taking part in SleepOut.
- 10. Send us a picture!** The most important part... don't forget to send us a picture of your den to be in with a chance of winning our den building competition!

